# GROWING IN Grace

The Monthly Newsletter of Morning † Star Lutheran and Monroe United Methodist Churches

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February 2021

# An invitation for you to take a 40 day journey, together, with Jesus to Easter!

## **Shrove Tuesday** Mardi Gras or Fat Tuesday



For centuries the day before the beginning of Lent is known as Shrove Tuesday. On Shrove Tuesday, many Christians make a special point of self-examination, of considering what wrongs we need to repent, (turning our hearts back towards God), and what changes and ways of life or areas of spiritual growth we need to ask God's help in dealing with.

Shrove Tuesday is also called Fat Tuesday, (in French, Mardi=Tuesday; gras=fat), because on that day the fats that had been kept around (the can of bacon drippings, or whatever) for cooking, are to be used up as they will not be using during Lent. Since pancakes are a standard way of using up fat, the day is also called Pancake Tuesday.

This year as we are not able to gather, together in person, I invite you, if you like, to have your own Pancake supper on Tuesday February 16<sup>th</sup> in your household. Breakfast for dinner is one of my favorite meals!

## Ash Wednesday Worship -February 17<sup>th</sup> Live Zoom Service @ 7pm



**Ash Wednesday** marks the beginning of the season of Lent, the 40-day, reflective journey leading up to and through Holy Week, and finally to the joy of Easter morning.

We, like many churches use ashes during the *Ash Wednesday* worship in a ritual called the *Imposition of Ashes.* In this custom, ashes are mixed with a small amount of oil and applied to the forehead of each worshipper. In the Ash Wednesday bulletin these words are written: *Earth to Earth, ashes to ashes, dust to dust.* 

We recall these words as ashes are placed on our heads and we are vividly reminded that: 'we are dust and to dust we shall return'. The ash is a chilling reminder of our mortality, but because our death is now in Christ, our endings are beginnings. The Lenten disciplines of acts of kindness, prayer, and fasting are tools of discipleship that can lead us to renewal as we bury all that is holding us back from truly being alive. Lent is an invitation to a journey that will lead to the new life and resurrection of Easter."

# Lent

#### Anglo-Saxon: "spring"



As early as the mid-fourth century, Christians have observed a time of preparation before the Easter celebration. The Lenten season begins on Ash Wednesday (February 17<sup>th</sup>) and lasts for 40 days taking us through Palm Sunday (March 28<sup>th</sup>), Holy Week, (March 29<sup>th</sup>-April 3rd), to Easter Sunday (April 4<sup>th</sup>). The forty days of Lent recall the 40 day fast of Jesus in the wilderness after his baptism (Matthew 4:2, Luke 4:1-2), and Moses' 40 day fast on Mount Sinai (Exodus 34:28).

Lent is a time of simplicity and preparation.
The color of the season is Purple suggesting somberness and solemnity.

In Epiphany we walked with Christ while he was among us on the earth, joining with him in establishing his kingdom. Much was revealed to us and we too were called in Epiphany to also reveal God breaking into our world with love, grace and mercy. Now we retreat with Jesus into the wilderness to reflect.

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Lent is a 40-day journey that begins on <u>Ash Wednesday</u> and ends on <u>Good Friday</u>. Some of us may remember when Lent was primarily a season of penitence and sorrow, of giving up something so as to focus more deeply on our relationship with God. Certainly, self-reflection and self-examination are important and meaningful parts of our journey. I invite us this Lenten Season into a journey of growth discovering and re-discovering the mysteries of *Rest and Renewal*, of breathing deep and going deeper into our relationship with our loving God.

I invite you, even in this pandemic time, literally into a time of getting more rest, of slowing down, of taking a breath, and of letting go of hurry, worry, anxiousness and fear. I invite you to say **NO** to adding more stuff to your calendars, and to consider what you would remove from your calendar and your mind which does not give you life and a renewed heart. In his Lenten Journal theologian, Henri Nourwen, wrote these words in 1992: "... hone in on the voice of Jesus that says, 'I am your God, I have molded you with my own hands, and I love what I have made. I love you with a love that has no limits. Don't run from me. Come back to me—not once, not twice, but always again. …I so much want you to be close to me."

Let us find time to go deeper with God!

Come retreat with Jesus and each other. I invite you to "Be Still and know that I am God" (Psalm 46:10). I invite you to "Listen to him" (Luke 9:35). I invite you into enoughness! Come as we journey together in the wilderness with Jesus.

God be with us and bless us on our journey together to the empty tomb.

Pastor Malcolm



# Ash Wednesday - February 17, 2021

**You are invited to a live Ash Wednesday service** February 17<sup>th</sup> at 7:00 pm. The service will include the imposition of ashes which you will be receiving before the service.

Follow the link to join the Zoom worship:

https://greaternw.zoom.us/j/95726274169

Meeting ID: 957 2627 4169



Worship live on Sunday, February 7<sup>th</sup> at 10:00 a.m.

The service will include Holy Communion

Follow the link to join the Zoom worship:

https://greaternw.zoom.us/j/93778177367? pwd=RTlidzcwVHB2MU9TaWNvQjlUK29oQT09

Meeting ID: 937 7817 7367

Stay Connected! Enjoy time with your church family and friends after the service and Stay Connected to each other!

Join us for Virtual Fellowship on Sunday morning,

February 7<sup>th</sup> immediately following

the service.



From the Spirit, February 2021

Dear Beloveds,

There were many images that horrified me during the Washington DC riots. The violence, cruelty, anger, and destruction were terrible.

One image that made me both angry and almost nauseous was the photograph of the person holding up a bright yellow sign with the words, "Jesus

Saves." To be clear, it is not that I object to these words. I strongly believe that Jesus saves. But in this particular case, when one holds up a sign bearing these beautiful words but participating in mob violence, it becomes a mockery. Horrifically, there were other Christian symbols present that day. There was a giant wooden cross outside the Capitol. One man carried a Christian flag into an evacuated legislative civic unrest and violent attack on the U.S. Capitol. As we lament the chamber. Christian music blared all day from loudspeakers. It was disgusting to see sacred words and items suddenly used to foment violence. It was sickening, reckless, and horrifying. It was profane. The insurrection on the Capitol broke the first, second, fifth, seventh, eighth, ninth, and tenth commandments. Any action that breaks one commandment is wrong. An action that breaks the majority of the commandments is beyond alarming. (And I could actually make an argument that this insurrection also broke the third and fourth commandments, too. This only leaves the sixth unbroken.)

In the ELCA social message on Government and Civic Engagement in the United States: Discipleship in a Democracy we read,

ELCA social teaching holds that all residents of the United States have a responsibility to make government function well—not to abandon our democracy but to engage it in a spirit of robust civic duty. For Lutherans, this responsibility is lived out as a calling from God, expressed in the discipleship described in our baptismal promises. (Read the full message here: www.elca.org/Faith/Faith-and-Society/Social-Messages/Government.)

This social message states that as residents of the United States and as followers of Jesus, we all have a responsibility for government to function well. We are called to be a part of civic society. We are called to vote. We are called to be civil servants. We are called to speak out against injustice. We are called to march against hatred. We are called to peacefully protest when those in power act in ways that promote prejudice or bigotry or discrimination. We are called to speak truth. For those of us with privilege, we are especially called to examine ourselves, to listen to others, and to speak for those without voice. We are called to act in ways where God's love is paramount moving towards true peace, true equity, and true reconciliation. In short, we are called to live into our baptismal identity of forgiven and beloved children of God by loving and caring for God, our neighbor, and our world.

I encourage congregations and ministry sites to study the social message mentioned above. There are also other social messages and social statements found on the ELCA website to further conversation and action as we continue to learn how to be disciples of Jesus by engaging in the world. Perhaps this could be something that you and others do during Lent. But please don't stop at reading, studying, and talking about it. Let us move forward with action. Our faith calls us to stand next to the oppressed and forgotten in faith, knowing that, as we are loved by God, we are called to love our neighbor.

I am appalled at what happened on January 6, 2021. As a citizen of the United States and, even more so, as a Christian, I am devastated. But I have hope. I have hope that out of this hatred, love will emerge. I have hope that those who have been fearful will gain courage. I have hope that we, siblings, beloveds in Christ, will join together and reclaim the words, "Jesus saves." I have hope that we as a nation will form a more perfect union. I have hope – not because I'm an idealist but because I'm a follower of Jesus – that out of this death resurrection will come. In God's Spirit of Hope.

Bishop Shelley Bryan Wee



January 2021

To the majority white United Methodists in the Greater Northwest Area, with an invitation to others to listen in and join the conversation.

But now, thanks to Christ Jesus, you who once were so far away have been brought near by the blood of Christ.... He broke down the barrier of hatred that divided us.... So now you are no longer strangers and aliens. Christ is building

you into a place where God lives through the Spirit.

Ephesians 2, Selections

Beloved in Christ, I have carried you in my heart and prayers every waking moment through these seasons of pandemic, racial reckoning, image of a flag of the Confederacy waved brazenly in the Capitol, and brace for more extremist violence there and in state capitols across the country, the burden is heavy on people of conscience, who live in faith, hope and love through such demanding events.

I pray for the outgoing president, Mr. Trump, and for the incoming president, Mr. Biden, for elected and appointed government servants in every place and role. May the good in each prevail, and their sin be quenched.

A word to People and Pastors of Color in The United Methodist Church

But speaking the truth in love, we must grow up in every way...into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Ephesians 4:15-16

We have a long journey ahead. It is a testimony to the power of the Holy Spirit that you know and offer your gifts to the whole body of the church. It is not your responsibility to endure disrespect in the church, or to teach me and my white siblings how our words and actions harm and exclude. And yet, out of your love of God and in undying hope of a new day, you generously continue in relationship as the Church strives to grow in faith, service and witness. May God build the church up by showing us how our parts can work properly together in love.

I pray for our nation and its people. May values of respect, freedom, equity and fairness lead the way through our present distress and danger. I pray for people whose anger has spilled out in violence, anger over things both righteous and evil.

I want to bring a hopeful message to the Church. But the hope of this season is only visible through thick clouds. May we walk by the light of faith, in service to love until hope rises again, unobstructed.

As we celebrate the life and leadership of the Rev. Dr. Martin Luther King, Jr., I bring you a message that I know will be hard. It is rooted and grounded in my love for our Creator, Redeemer and Sustainer, and my love of all God's people.

NOW IS THE TIME. THIS IS THE PLACE. WE ARE THE PEOPLE to overturn white privilege and supremacy in our hearts, our minds and in our communities and to build a beloved community of racial justice and equity.

NOW IS THE TIME to dismantle oppressive systems of institutional racism, which

- violate the dignity and sanctity of God's creation
- divide communities
- deform the body of Christ
- isolate local churches from their neighbors and silence the prophetic witness of Christians to God's justice and equity.

White racism arrived in the New World with Christopher Columbus in 1492, long before the Pilgrims or the Declaration of Independence elevated the value of freedom. continued next page

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It took root and has not been rooted out. It is alive and well in America. Now, cell phone videos of police violence against unarmed Black people expose persistent racism for all to see. Race is on the public agenda in a new and urgent way. Protests, demands, personal testimonies, documentaries and webinars have opened a window into how pervasive racism is in the life of our nation.

Compared to people of color, white people enjoy the "good life" disproportionately by nearly every measure: education, health care, environmental health, criminal justice and incarceration, voting rights, business ownership, employment, income, housing, and life expectancy, to name some. This is the privilege white people enjoy in America. The patterns of privilege and poverty in America are embedded in institutions, norms, practices and systems that do not depend upon individual bias, hatred or mistreatment. They have a life of their own.

# THE CHURCH IS THE PLACE... to wake up and courageously face the sin of racism and to create beloved community.

God gives people of faith a vision of diverse human beings living together in right relationship with one another. But through history, the Christian Church has often created and maintained systems of racial inequity in America and around the world. Today, the church is called to recognize and dismantle its own racism and join a movement of racial reckoning and reconciliation in every place.

When the communities where the church is located experience transition especially identified as economic and/or ethnic, the local church shall engage in deliberate analysis of the community change and alter its program to meet the needs and cultural patterns of the new residents. The local church shall make every effort to remain in the community and develop effective ministries to those who are newcomers, whether of a cultural, economic, or ethnic group different from the original or present members.

#### ¶ 212, Book of Discipline

By the year 2045, white people will be a minority of the U.S. population. In the states of Alaska, Idaho, Oregon and Washington, nearly every town and city is rapidly becoming more racially and ethnically diverse, but our United Methodist Churches in the region are predominantly white, middle class, aging and declining. For the most part, our churches are not adapting to the changing population by welcoming or engaging the growing number of their neighbors who come from different national, racial or ethnic heritages.

The UMC recognizes that the sin of racism has been destructive to its unity throughout its history. Racism continues to cause painful division and marginalization. the UMC shall confront and seek to eliminate racism, whether in organizations or in individuals, in every facet of its life and in society at large. The UMC shall work collaboratively with others to address concerns that threaten the cause of racial justice at all times and in all places.

#### ¶ 5, Book of Discipline

The executive staff team of the Greater Northwest Area of The United Methodist Church recognizes *inclusion* as an essential practice of a vital church. We are building this practice into our own leadership teams and agendas. At every meeting, we participate in intercultural competency training and applying what we learn to our team and its work. We are intentional about inviting people of color into pastoral leadership of our churches to recognize and engage with the variety of people in their neighborhoods.

Racism persists in our churches.

Eloia Sto Standy

Elaine JW Stanovsky

Bishop, Greater Northwest Episcopal Area Follow the link below to read the full article

https://greaternw.org/category/blog/pastoral-letters/

# **Prayer for Lent**

Heavenly Father, as I move forward towards my Lenten journey, guide me to the path that leads to you.

Fill my heart with gratitude, patience, strength, and peace as I strive to become the best version of myself, honestly admitting my shortcomings and sins.

As I renew my resolve each day to become a better person, let me hear your voice in the deepest reaches of my heart.

Give me rest in you. Help me to accept others, showing them your great love instead of casting judgment.

Stay with me through the busy days and remind me that when I need comfort, solitude, wisdom or guidance, I can always turn to you.

Help me develop unselfishness through generosity, and come closer to you through prayer this Lent.

Amen.

Taken in part from the Sisters of St. Francis of the Neumann Communities

#### **ROCKY TIMES**

The last year has been CRAZY! A pandemic, unemployment, riots, stress, we've been through it all. But 2021 brings a new start, new opportunities: a vaccine to fight the pandemic, a government dedicated to addressing the issues that impact our economy and a dialogue to start the healing of our social woes. As we face the struggles that remain, we can focus on our move in the right direction. We can't give up. God is on our side, hearing our calls for help and reminding us we aren't alone.



Jeremiah 17:14 - Heal me, O LORD, and I shall be healed; save me, and I shall be saved: for thou [art] my praise.

I'll say it again, we can't give up. We can't give in to the stress that wears us down. We must keep our eyes on Jesus and our knees on the floor – praying for that relief that God offers us. Our healing has begun. Our salvation is before us. God's love wraps around us. Amen.

Jasmine Ray-Symms
jasisymms@outlook.com
www.jasmineraysymms.com





Average monthly views for our Online Worship Services:

**January: 49** as of 1/24

December: 53

November: 49

October: 49

#### February Birthdays & Anniversaries \*

- 4 Jim Olson
- 7 Martin Paietta
- 9 Lori Johnson
- 13 Dennis Nagy
- 13 Denny Coates
- 19 Cindy Gulbranson
- 19 Jay Morgan
- 23 Ric Hart
- 24 Chris Hoerner
- 27 Don & Chris Hoerner \*
- 24 Patrick Cook (Jr.)
- 28 Patrick Cook

If you have a February celebration and you don't see your name, please call or email Kathi.

#### FEBRUARY 2021 - MONROE UNITED METHODIST CHURCH

Hi Friends -

February is almost upon us and it's hard to believeseems like Christmas was just here and now we are on our way to Lent! Your generosity and faithfulness to the church and it needs has been a truly inspiring thing for me to be a part of! We continue to meet our financial needs each month and in December there was actually a bit leftover! Thanks you to all!

Giving Statements for your taxes went out in the mail a few weeks ago. If you did not receive one and you know you gave an offering to the church in 2020, please let me know at <a href="mailto:office@monroeumconline.org">office@monroeumconline.org</a> and I will send you out another one.

You'll see on the treasurer's report recap to the left for December 2020 that we had income of \$9409.40 and expenses of \$6137.48. This gives us a good cushion to go into the new year with for usual expenses like the building insurance, and to make some needed repairs /improvements on the church and annex in 2021. I'll report more on that as soon as I know what the final costs will be .

May you all stay healthy and safe and we navigate this new year together, with Gods help and guidance.

Blessings to you all!

Nancy

Financial Secretary

2020 MUMC LAY LEADERSHIP				
Board of Trustees Co-Chairs Chris & Don Hoerner	360-563-9309			
Finance Chair Mike Obright	206-369-5028			
Treasurer Tanya Hubbard	425-210-2095			
Financial Secretary Nancy Franke	360-794-6954			
Staff-Parish Relations Committee  Judie Esqueda	951-201-0061			
Membership Secretary Rhonda Dean	425-359-2851			
Lay Leader to Annual Conference Nancy Franke	360-794-6954			
UMW President  Jasmine Ray-Symms	425-223-9866			
Recording Secretary  Margaret Ray	509-432-3029			

#### December 2020

RECEIPTS		
Apportionments	\$	25.00
Building Use		
Interest		0.40
Regular Giving		1,695.00
Rent Revenue - MSL		900.00
Pledge/ Tithe	6,789.00	
TOTAL RECEIPTS	\$	9,409.40
EXPENDITURES	Curr	ent Month
TOTAL Pastors Salary		3071.83
TOTAL Lasions Salary	φ	30/1.03
CONFERENCE APPORTIONMENTS		
TOTAL-	\$	1,099.44
LAY EMPLOYEE COMPENSATION and taxes		
TOTAL	\$	987.16
OPERATING EXPENSE- postage , telephone / internet , taxes		
TOTAL	\$	206.87
CHURCH PROPERTY EXPENSE		
General Maintenance		61.49
Utilities (actually dbl this but MSL pays half)		361.21
TOTAL	\$	422.70
PROGRAM EXPENSE		
Finance Committee		110.20
Igniting Ministry/ advent bags		222.03
Worship Planning Team/Music		17.25
TOTAL	\$	349.48
Total Expenses	\$	6137.48
Monthly Total	+	\$ 3271.99



#### FEBRUARY 2021 — MORNING STAR LUTHERAN CHURCH

#### Highlights from the January 24, 2021 MSLC Council Meeting:

- The motion was made, seconded and approved to appoint Brian Johnson as the Treasurer for MSLC.
- The Payment Protection Loan obtained last fall has been forgiven in full.
- The General Account Balance as of January 25: \$31,558
  - Email the office if you would like to see the full treasurers report.
- Ring lights, tripods and webcams have been bought or borrowed to improve the quality of the videos for the services.
- Missy Maxson will be looking for a person or persons to assist with editing the worship services for 7 weeks this summer as she will be on vacation. Missy will offering training through Zoom.
- TOEvember update: in total, 2400 socks were distributed to the following: Monroe Public Schools Foundation, Sultan Public Schools, Matthew House, Take the Next Step, the Cold Weather Shelter, Lambert House, and Hazel's Little Free Pantry.
- Lenten gifts will be delivered to both congregation members and friends the weekend before Ash Wednesday. If you do not receive your gift, please email the church office.



MSLC Non-Designated Offerings <u>AND Expenses</u>				
	2020 Budget	November Actual	December Actual	
Offerings	\$ 8,333	\$8,461	\$21,152	
Expenses	\$10,021	\$8,912	\$10,384	
Surplus/ deficit		- \$451	\$10,768	

2021 MSLC COUNCIL				
Administrative Director  Missy Maxson	206-437-2535			
Treasurer  Brian Johnson	452-503-8352			
Community Relations Cindy Gulbranson	425-210-2095			
Facilities - VACANT				
Secretary  Marla Wardell	360-794-4072			
Ministry Director  Jill Sumpter	360-348-7231			
Worship  Kathi Cooley	425-293-8694			





February 7: FIFTH EPIPHANY ~ LIVE WORSHIP ~ COMMUNION SUNDAY ~ Scripture: Ps 147:1-11, 20c; Mark 1:29-39

February 14: Transfiguration of Our Lord ~ Scripture: 2 Kings 2:1-12; Ps 50:1-6; 2 Cor 4:3-6; Mark 9:2-9

February 17: ASH WEDNESDAY ~ LIVE WORSHIP ~ Scripture: Joel 2:1-2. 12-17; 2 Cor 5:20b-6:10; Matthew 6:1-6, 16-21

February 21: FIRST LENT ~ COMMUNION SUNDAY ~ Scripture: Gen 9:8-171 Peter 3:18-20: Mark 1:9-15

**February 28: Second Lent** ~ Scripture: Gen 17:1-7, 15-16; Romans 4:13-25; Mark 8:31-38

#### **CONTACT US:**

#### Pastor Malcolm Brown

Email: prmalcolmb@gmail.com Phone: 360-794-2111

#### Monroe United Methodist

Office Administrator: Jasmine Ray-Symms

**Phone**: 360-794-8863

**Email:** office@monroeumconline.org

Music Director: Lee Ann Obright: 206-369-1621

Website: www.monroeumconline.org

#### MORNING STAR LUTHERAN

Office Administrator: Kathi Cooley

**Cell Phone:** 425-293-8694 **Phone:** 360-794-2111

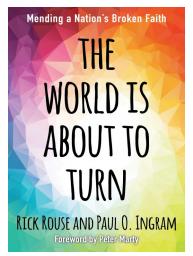
Email: mslc@morningstarlc.org

Music Director: Jill Sumpter: 360-348-7231

Website: www.morningstarlc.org







#### Join us for a Lenten Bible Study

# The World is About to Turn: Mending a Nation's Broken Faith

by Rick Rouse and Paul O. Ingram

## Beginning February 16<sup>th</sup> at 6:30 p.m.

You don't have to read the book to join in the conversation. However, the book is available on Amazon for \$15.99. If you want to read the book but can't afford to purchase, please contact Peggy Ray at 509-432-3029 or <a href="mailto:peggyray@live.com">peggyray@live.com</a>, and she will order a copy for you.

We'll meet on Tuesdays at 6:30 p.m. Peggy will send out the Zoom information the day before.

February 16 - Chapter 1:

The Failure of the American Religious Experiment and 2, When Justice Rolls Down: Finding the Moral Courage to Do What Is Right

February 23 - Chapter 3: Love One Another: Practicing Mercy and Compassion

March 2 - Chapter 4: Walking Humbly with God: Repentance and Reconciliation as a Path to a More Civil Society

March 9 - Chapter 5: Values Matter: Discovering Common Values in Many Faith Traditions

March 16 - Chapter 6: Embracing Differences: The Gift of Religious Pluralism

March 23 - Chapter 7: Building Bridges of Hope: Ten Ways Forward and Epilogue

Most chapters are only 15 pages. There are five appendices of worship resources.

### WORSHIP PLANS FOR THE SEASON OF LENT!

- \* Three Live Services:
  - \* Ash Wednesday at 7:00 pm
  - \* Third Sunday in Lent, March 7 at 10:00 am
  - \* Easter Sunday, April 4 at 10:00 am
- \* Palm Sunday will include waving 'palm' branches, and we need your help!
  Find a branch, or big leaf or even a stick, and record yourself waving it around as if you're in church. Missy will compile the videos into one mini-movie and we'll process together into the church!
- \* Easter Sunday "HE HAS RISEN INDEED"! That's what we'd like you to say as you record yourself for our Easter Celebration. Again, Missy will put them all together for a fabulous Easter Greeting!

Send your videos to Missy at missymaxson@gmail.com

and....

- \* **Be on the lookout for your Lenten Gifts!** You'll be receiving a few things to help with your Lent and Easter preparations and celebrations.
- \* A Lenten Bible Study will start on February 16<sup>th</sup> at 6:30 p.m. See above for more information.
- \* We're looking into a Holden Evening Prayer Service for Wednesday evenings. We'll keep you posted.

The Joint Worship Team looks forward to sharing the Season of Lent with you.

Kathi Cooley, Cindy Gulbranson, Nancy Franke, Emily Hughes, Jasmine Ray-Symms, Missy Maxson, Mike & Lee Ann Obright, Jill Sumpter, Peggy Ray, Judie Esqueda, and Pastor Malcolm



# Ministries & Outreach

A Church in the Community for the Community

#### MUMC VIRTUAL BAZAAR

At final count our on line bazaar made \$1,009 to contribute to women and children's missions both locally and internationally.

Thanks to all who contributed!



#### REVERSE ADVENT CALENDAR

Thank you to everyone who came out on a rainy, cold Saturday to drop off food for the food drive! We raised 427 pounds of food for the Sky Valley Food Bank!

Thanks for your generosity!

# Hazels Little Free Pantry

There is no better feeling than coming to the office to restock the pantry and finding boxes of food on the table, in the kitchen and left outside! Thank you Monroe United Methodist, Morning Star Lutheran and the people of Monroe for your help feeling our neighbors!

The pantry is in need of following items:

fruit cups, applesauce, small boxes or bags of cereal, and small boxes shelf stable milk. We are also completely out of ALL personal items. Shampoo, soap, toothpaste, etc. Small travel sizes, like the type you get from hotels, are perfect if you have any!

Thank you for your loving care of our pantry.

Questions? Call or text Kathi Cooley at 425-293-8694

This note below was written on a torn piece of cardboard and found inside the pantry:

